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Episiotomy and suture trainer

EPISIOTOMY AND SUTURE TRAINER

Introduction

You have purchased an episiotomy and suture trainer with which you can demonstrate professional care and closure of birth wounds, and on which students can practice. The trainer has a soft genital insert that, as needed, can be cut and then sutured up multiple times. Standards (e.g. suture techniques) as part of professional wound management for midwifery and obstetrics training can be practiced and improved.

Delivery contents

Silicone insert

Base

Stand



Functions

The silicone insert of the episiotomy trainer offers the possibility of making individual incisions (e.g. median episiotomy, mediolateral episiotomy, lateral episiotomy). The anus is penetrable and enables palpation of the muscle structures in the perineal area (M. sphincter ani externus, M. transversus perinei superficialis, M. bulbospongiosus).

Furthermore, vaginal and labial tears can be simulated and treated as necessary. Birth injuries can be cared for using current suture techniques. Muscle and skin layers can be sutured together separately. The suture procedure for each incision can be carried out multiple times. To do this, the suture material must first of all be carefully removed (e.g. with scissors or scalpel and tweezers) before the suture procedure can be carried out again.



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Assembly

Setting up the episiotomy and suture trainer

- The silicone insert can be put into the white plastic base to ensure that it is stable. In addition, bulging in the middle of the base provides the typical gaping of the incisions. The angles of the trainer can be adjusted using the fold-open stand provided. • Please place the rubber feet on the birth simulator on a non-slip surface such as a table.
- If necessary, remove the plastic packaging of the silicone insert and place the latter in the white plastic base.
- Fold open all 3 arms of the stand.
- The triangular surface created of the lower arms forms the lower surface of the stand.
- Fold out the front half of the upper arm back until the surface to place the simulator on is at the desired angle.



Figure 1: Episiotomy trainer and base



Figure 2: Episiotomy trainer in base



Figure 3: Episiotomy trainer in the base with stand



Figure 4: Episiotomy trainer in the mounted base on the stand

Cleaning and care

The surfaces of the simulator can be cleaned with a damp cloth. Please ensure that the trainer is completely dry before storing.

Technical data

Dimensions:

Simulator (H x W x D): 6 x 13 x 21 cm

Set in bag (H x W x D): 8 x 25 x 17 cm

Weight: approx. 0.8 kg

Operating conditions

Operating temperature: -10°C to +40°C

Storage temperature: -20 °C to +60 °C

Order list

XP95-001 / 1019640 Replacement set for episiotomy trainer

XP95-002 / 1019641 Replacement sets for episiotomy trainer (set of 5)

Optional:

XP95-003 / 1020767 Suture set episiotomy and suture trainer (sutures, needle holder, scissors, tweezers, scalpel holder, blades)



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