- hand bars and ankle cuffs are buoyant, durable, seamless and latex-free
- for aquatic exercise routines and rehabilitation
- in water these low-impact exercisers add resistance to arm and leg movements
- colors do not fade or leach

ankle cuff exerciser



- superior comfort and durability
- resistance for lower body workout
- adjustable
- specify blue (B) or red (R)

20-4040 B/R ankle cuff, pair

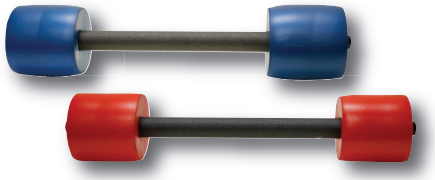
hand bar exerciser



- two 5½" x 2½" floats on 12"L bar
- resistance for upper body workout
- non-slip hand grips
- specify blue (B) or red (R)

20-4021 B/R hand bar, pair

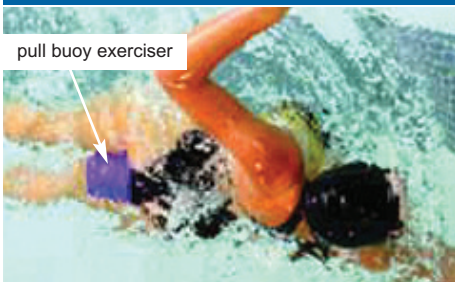
swim bar exerciser



- improves balance and stabilization while increasing muscle tone and flexibility
- specify blue (B) or red (R)

20-4030 B/R swim bar each

pull buoy exerciser



- made of smooth, contoured foam
- provides excellent lower body buoyancy
- does not cause chaffing or irritation
- specify blue (B) or red (R)

20-4050 B/R pull buoy small
20-4051 B/R pull buoy large

swim belt exerciser



- smooth, comfortable fit
- adjustable strap with dual-locking buckle
- specify blue (B) or red (R)

20-4002 B/R swim belt 3 floats
20-4003 B/R swim belt 4 floats

jogger belt exerciser



- keeps you buoyant and properly positioned
- adjustable
- specify blue (B) or red (R)

20-4010 B/R small (60-160 lbs)
20-4011 B/R medium (160-220 lbs)
20-4012 B/R large (220+ lbs)

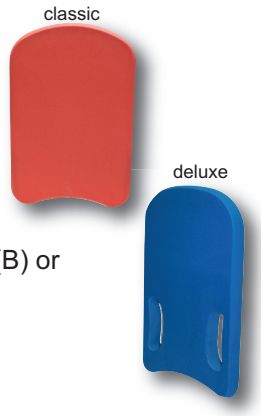
exercise kit



- standard: jogger belt and hand bars
- deluxe: standard kit plus ankle cuffs
- specify blue (B) or red (R)

20-4210 B/R standard kit, small
20-4211 B/R standard kit, medium
20-4212 B/R standard kit, large
20-4200 B/R deluxe kit, small
20-4201 B/R deluxe kit, medium
20-4202 B/R deluxe kit, large

kickboard



- high density foam with or without hand slots
- designed for comfort and performance
- specify blue (B) or red (R)

20-4101 B/R classic, no holes
20-4111 B/R deluxe, 2 holes