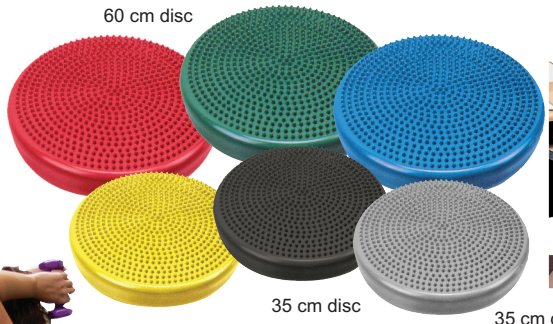
CanDo® sitting and standing balance disc

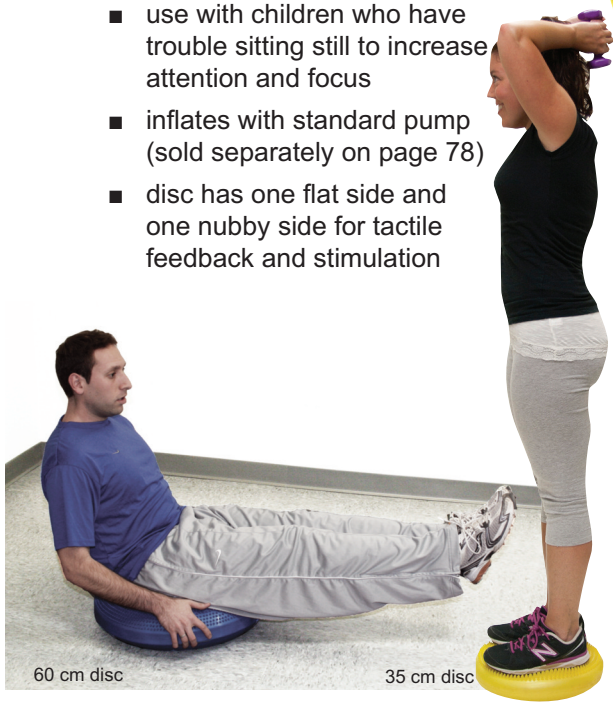
- when in a seated position, inflatable balance disc mimics the movement and shape of an inflatable ball
- or . . . use on floor as a standing disc for balance training, proprioception and strengthening of the core muscles
- use with children who have trouble sitting still to increase attention and focus
- inflates with standard pump (sold separately on page 78)
- disc has one flat side and one nubby side for tactile feedback and stimulation

colors do not indicate resistance; for personal choice

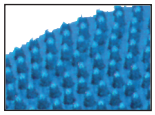


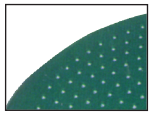


35 cm disc: use seated (top) or use standing (left)







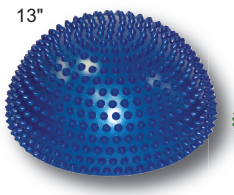






	23.6" / 60cm diameter		13.8" / 35cm diameter	
black	30-1868BLK	45.00	30-1870BLK	20.00
blue	30-1868B	45.00	30-1870B	20.00
green	30-1868G	45.00	30-1870G	20.00
red	30-1868R	45.00	30-1870R	20.00
yellow	30-1868Y	45.00	30-1870Y	20.00
silver	–	–	30-1870S	20.00
cover (not shown)	30-1867	30.00	30-1869	20.00

CanDo® balance stones









- inflatable stone can be used to practice and reinforce coordination, proprioception and balance
- fill with water or sand for added stability
- use with the curved side down for vestibular training

individual stones		
30-1982	7" (17½ cm) dia (colors vary)	7.50
30-1983	13" (33 cm) dia (blue only)	17.50
set of 6		
30-1982-6	7" (17½ cm) dia (colors vary)	42.75
30-1983-6	13" (33 cm) dia (blue only)	100.00



CanDo® vestibular wedge





- can be used for balance training
- inflatable wedge requires active participation from user for correct sitting posture
- dynamic seating and static positioning
- inflate or deflate wedge to vary difficulty

30-1925	large wedge (13½" x 13½")	32.50
30-1926	small wedge (10" x 10")	27.50