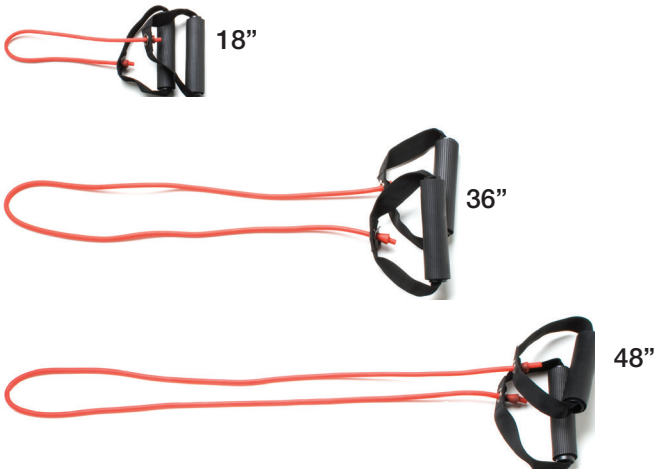
Tubing-with-Handles™ exerciser



upper body

- 3 sizes to accommodate upper, lower and full body workouts
- Lightweight, compact and portable
- Perform strengthening workouts anywhere
- Two pre-attached durable foam-covered handles for comfort and grip
- Full body sets contain 18”, 36” and 48” tubing for total body workout

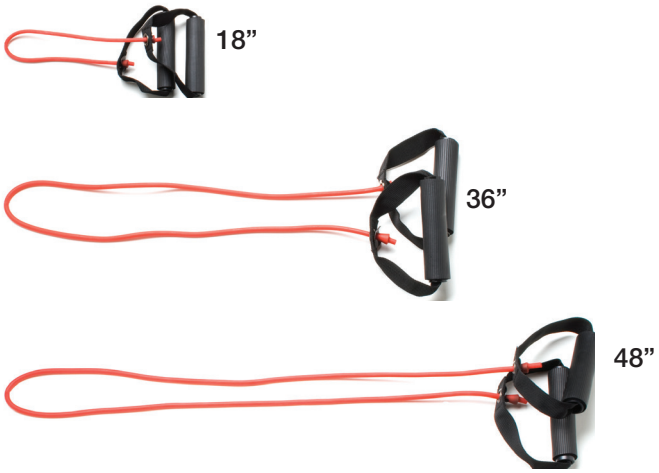


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full body

		each			set
		18 inch*	36 inch*	48 inch*	full body set
tan	xx-light	10-5540	10-5550	10-5560	10-5820
yellow	x-light	10-5541	10-5551	10-5561	10-5821
red	light	10-5542	10-5552	10-5562	10-5822
green	medium	10-5543	10-5553	10-5563	10-5823
blue	heavy	10-5544	10-5554	10-5564	10-5824
black	x-heavy	10-5545	10-5555	10-5565	10-5825
silver	xx-heavy	10-5546	10-5556	10-5566	10-5826
yel red grn blu blk	set (1 ea)	10-5549	10-5559	10-5569	10-5829

*length of tubing from end to end when unit is laid flat

⚠ CAUTION

- This product contains natural rubber latex which may cause allergic reactions
- Exercise routines should be determined by a doctor, therapist, coach, or trainer
- Examine tubing before each use and discard if nicks or tears are present

⚠ **WARNING**: Cancer and Reproductive Harm - www.Prop65Warnings.ca.gov

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