



*...going one step further*



**L60**

# Testicle Examination Model

You have chosen the testicle examination model made from 3B's SKINlike™ material. This material is a dermatologically tested silicon that feels natural and replicates even the finest skin structures accurately.

In order to lastingly work with 3B Scientific®'s testicle examination model, please observe the following cleaning and care instructions:

Slight soiling may be removed with mild detergent and water. Do not use substances containing solvents since they can damage the material.

Sharp or pointy objects (e.g. needles) will damage the model surface.

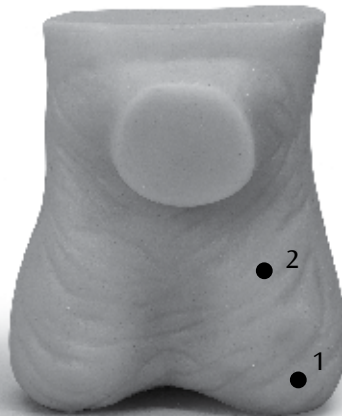
The skin will feel softer if the model is rubbed with talcum powder occasionally.

The model is a life-sized replica of the male scrotum with a natural skin structure and a skin-like feel. The front is marked by the replication of the beginning of a penis. The scrotum contains two movable testicles, the epididymi and the spermatic cords for palpation. The left testicle is suspended slightly lower and is slightly larger. The epididymis and the head of the epididymis lie on top of the upper pole of the testicle. The body and caudate of the epididymis lie on the rear and continue to

it forms the spermatic cord to which the testicle is movably connected within the scrotum. In comparison to the testicle, the scrotum can be moved in a gliding motion.

Two pathological findings can be felt in the left testicle:

1. To the front and side: 5 mm diameter, eminent, hard and smooth, fixed.
2. At the front: 15 mm diameter, eminent, hard and smooth, fixed.



# Testicle Examination Model

English

## Self-Examination of the Testicle

The exam should be done regularly, e.g. once a month. Proceed in the following manner:

- Take a warm bath or a long shower before examination. Heat will relax the testicle and will make the skin softer. This will facilitate palpating the testicle.
- Stand in front of a mirror and check the testicle for visible changes such as swelling or nodular lumps.
- Feel the testicle gently with both hands. Place the index and middle finger behind the testicle and the thumbs on top in front. Carefully roll the testicle from side to side between the fingers. One testicle might be larger than the other, which is normal.
- Feel for the epididymis, a soft, long structure at the back of the testicle. Once you are acquainted with the structure you will not mistake it for suspicious swelling. Swelling thought to be cancer is generally found at the sides and some times in the front.

## Note the Following Changes:

- Painful enlargement of a testicle (in most cases testicular cancer only afflicts one testicle)
- Palpable lump in one of the testicle
- Heaviness or dragging pain in a testicle
- Testicle feels sensitive to touch
- Accumulation of fluids in the scrotum
- Discharge from the penis
- Blood in the seminal emission

Contact your physician immediately should you find a lump. The lump could be the result of an infection and your physician will decide on the necessary treatment. If the lump is not caused by an infection it may possibly be a cancerous ulcer. Early detection and treatment is especially important in this case.

