



## L42, L43

## English

## **Condom Training Model**

The condom training model is supplied with 12 dry condoms for training purposes and one carrying bag.

**Storage:** Avoid strong thermal stress, e.g. prolonged exposure to sunlight. The condom training model may become slightly darker in color with time. This will, however, not affect characteristics of the material. We recommend that the model be stored in the carrying bag.

**Cleaning & care:** The condom training model can be cleaned with a mild soap solution. It should be stored at room temperature.

**Caution:** The condom training model and the supplied dry training condoms are a teaching and training aid and may only be used for educational purposes. Neither the condom training model nor the training condoms may be used on the human body. The condom training model should not be introduced into any orifices of the body. The training condoms may not be used as condoms. Persons with a contact allergy against polyurethane should protect their skin when using the condom training model. The material can be disposed of with regular household waste.

The condom training model can be used to learn and train how to put on and remove a condom. The following instructions apply to the general use of condoms:

- Make yourself familiar with the use of the condom in time.
- The condom has to be rolled over the stiff penis before it touches the vagina, as some of the semen may be released before ejaculation.
- Open the condom wrapper as cautiously as possible and use only your fingers (no scissors, fingernails or sharp objects).
- Pull back the foreskin (if penis is uncircumcised)
- Hold the reservoir (teat at the tip of the condom) with the index finger and thumb and squeeze the air out (so that no air is trapped inside and there is room for the semen)
- Place the condom on the stiff penis so that the roll faces outwards.
- Carefully roll the condom down to the base of the penis. Do not pull, this should work very easily. If not, use a new condom.
- To ensure that there is enough room for the semen, the teat should not fit too snugly.
- If, by mistake, the condom was put on the wrong way around (roll facing inwards), make sure to use a new condom, since there might already be semen on the old one.



- After ejaculation, do not wait until the penis has become soft again. Hold the condom at the base of the penis, so that it does not slip off, and carefully pull it out of the vagina together with the penis while still erect.
- After removing the condom, there might still be some semen on the fingers and penis. Therefore, wash penis and hands and make sure that no semen is transferred into the vagina.
- Dispose of the condom in the garbage. Never re-use a condom.