

hand and finger exercisers

CANDO[®]

force required to fully compress finger button (pounds)

0.75 1.5 3.0 5.0 7.0 9.0 11.0 13.0



tan yellow red green blue black silver gold
easy moderate difficult

- choose resistance for any finger
- modular: base + resistance buttons
- for clinic or home

press to release
finger button

mix or match resistances by
inserting buttons into base



- change the resistance level for any finger by changing the finger button
- finger buttons snap into base
- base has padded ergonomic palm bar

Digi-Flex[®] Multi[®] modular exercise system

patent pending

Digi-Flex[®] Multi[®] clinic sets



- finger buttons at-the-ready for resistance changes
- clinic sets include bases, buttons, storage box and rack

buttons with box and rack

10-3842 5 bases + 20 buttons, 4 ea 1 2 3 4 5
10-3843 8 bases + 32 buttons, 4 ea 0 1 2 3 4 5 6 7

progressive starter exercisers



- packs include base, 4 matching buttons plus 4 additional progressive buttons in box

resistance (level)

resistance (level)	4 matching buttons	additional resistance buttons with box
10-3740S xx-light (0)	base + 4 ea 0	+ 1 ea 1 2 3 4
10-3741S x-light (1)	base + 4 ea 1	+ 1 ea 2 3 4 5
10-3742S light (2)	base + 4 ea 2	+ 1 ea 1 3 4 5
10-3743S medium (3)	base + 4 ea 3	+ 1 ea 1 2 4 5
10-3744S heavy (4)	base + 4 ea 4	+ 1 ea 1 2 3 5
10-3745S x-heavy (5)	base + 4 ea 5	+ 1 ea 1 2 3 4
10-3746S xx-heavy (6)	base + 4 ea 6	+ 1 ea 1 2 3 4 5 7
10-3747S xxx-heavy (7)	base + 4 ea 7	+ 1 ea 1 2 3 4 5 6

basic starter exercisers



- includes base and 4 matching buttons
- base holds buttons of any resistance

resistance (level)

resistance (level)	4 matching buttons
10-3740 xx-light (0)	base + 4 ea 0
10-3741 x-light (1)	base + 4 ea 1
10-3742 light (2)	base + 4 ea 2
10-3743 medium (3)	base + 4 ea 3
10-3744 heavy (4)	base + 4 ea 4
10-3745 x-heavy (5)	base + 4 ea 5
10-3746 xx-heavy (6)	base + 4 ea 6
10-3747 xxx-heavy (7)	base + 4 ea 7

Multi[®] base

- busy clinic will require many bases



Multi[®] base

10-3830 1 base
10-3832 5 bases

Multi[®] base with metal rack

10-3831 5 bases and rack

Multi[®] buttons

- make exerciser progressive by changing one or more snap-in finger buttons

individual buttons

10-3750 1 ea 0
10-3751 1 ea 1
10-3752 1 ea 2
10-3753 1 ea 3
10-3754 1 ea 4
10-3755 1 ea 5
10-3756 1 ea 6
10-3757 1 ea 7

level

xx-light (0)
x-light (1)
light (2)
medium (3)
heavy (4)
x-heavy (5)
xx-heavy (6)
xxx-heavy (7)

matching button sets with box

10-3750-4 4 ea 0
10-3751-4 4 ea 1
10-3752-4 4 ea 2
10-3753-4 4 ea 3
10-3754-4 4 ea 4
10-3755-4 4 ea 5
10-3756-4 4 ea 6
10-3757-4 4 ea 7



progressive button sets with box

10-3758 20 piece set, 4 ea 1 2 3 4 5
10-3759 32 piece set, 4 ea 0 1 2 3 4 5 6 7

Multi[®] button sets and button boxes

- store buttons in box



32-piece button set
with box (10-3759)

box only

10-3780 holds 4 buttons
10-3781 holds 20 buttons
10-3782 holds 32 buttons

FOR CLINIC

FOR HOME

BUILD YOUR SET