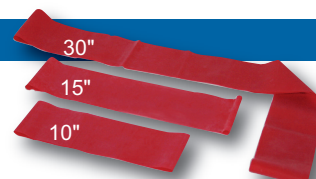


CanDo® exercise loops

- made from high quality latex exercise band pre-formed into a loop
- available in 3 lengths to perform upper, lower and full body exercises
- lengths represent loop when flat
- loops are 3" wide
- **FULL BODY SETS** contain 10", 15" and 30" loop for total body workout
- black, silver and gold only offered on CanDo®



10" loop is equivalent to 20" of flat band folded and tied together

10" loop (upper body)



30" loop (full body)



15" loop (lower body)

each			set
10" loop	15" loop	30" loop	full body set
10-5251	10-5261	10-5291	10-5841
10-5252	10-5262	10-5292	10-5842
10-5253	10-5263	10-5293	10-5843
10-5254	10-5264	10-5294	10-5844
10-5255	10-5265	10-5295	10-5845
10-5256	10-5266	10-5296	10-5846
10-5257	10-5267	10-5297	10-5847
10-5259	10-5269	10-5299	10-5849

bulk packaging (10 pack)

		10" loop	15" loop	30" loop
yellow	x-light	10-5251-10	10-5261-10	10-5291-10
red	light	10-5252-10	10-5262-10	10-5292-10
green	medium	10-5253-10	10-5263-10	10-5293-10
blue	heavy	10-5254-10	10-5264-10	10-5294-10
black	x-heavy	10-5255-10	10-5265-10	10-5295-10
silver	xx-heavy	10-5256-10	10-5266-10	10-5296-10
gold	xxx-heavy	10-5257-10	10-5267-10	10-5297-10
yel red grn	set (1 ea)	10-5259-10	10-5269-10	10-5299-10
blu blk				

CanDo® adjustable exercise bands

- the resistance of each band can be increased or decreased by adjusting length of band
- "Quick-attachment" hooks attach to the "D-ring"
- attach to any fitness equipment, door, etc. for full upper or lower body workout



3 band kit shown

- adjustable bands have adjustment clips and hooks

CanDo® adjustable band accessories with D-ring

10-3220	handle (pair)
10-3221	leg attachment strap (25"), each
10-3222	anchor strap (16"), each

adjustable band kits

kits contain: bands, 2 handles, 1 anchor strap, 1 exercise booklet and carrying bag

10-3233	2 band easy	yel red
10-3234	2 band moderate	grn blu
10-3232	3 band	yel red grn
10-3231	4 band	yel red grn blu
10-3230	5 band	yel red grn blu blk

additional bands

	each	bulk (10 pack)
yellow x-light	10-3201	10-3201-10
red light	10-3202	10-3202-10
green medium	10-3203	10-3203-10
blue heavy	10-3204	10-3204-10
black x-heavy	10-3205	10-3205-10

Thera-Band® exercise loops

- "lay flat lengths" of 8", 12", and 18" can be used to support a broad range of upper and lower body exercises
- looped bands have same resistance level per color as a single length of Thera-Band® exercise band tied in a loop
- each loop is 3" wide



		8" loop	12" loop	18" loop
yellow	x-light	10-1931	10-1941	10-1951
red	light	10-1932	10-1942	10-1952
green	medium	10-1933	10-1943	10-1953
blue	heavy	10-1934	10-1944	10-1954