

band and tubing handles



standard foam handles with cinch

- makes exercising with band and tubing easier
- cinch makes adjusting band or tubing length easy
- 6" long foam-covered bar with heavy-duty webbing

thread band or tubing through webbing cinch



foam handles with cinch

10-5330	1 pair
10-5330-10	10 pair
10-5330-50	50 pair



CanDo® accessory kit

includes accessories to enhance band or tubing workout

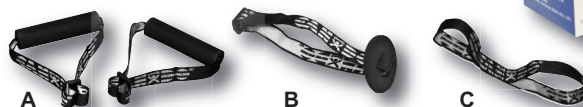
- for all brands of exercise band and tubing



kit includes:

- A standard foam handles - pair
- B door disc anchor
- C double loop stirrup anchor

10-5334 accessory kit



Hold-Rite™ handles

- plastic or foam-padded hand grips
- self-locking "adjuster" holds band or tubing in place
- increase or decrease resistance by altering length of band/tubing

plastic Hold-Rite™ handles

10-5340	1 pair
10-5340-10	10 pair
10-5340-50	50 pair

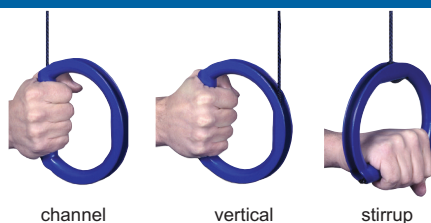


padded Hold-Rite™ handles

10-5450	1 pair
10-5450-10	10 pair
10-5450-50	50 pair



MarV™ handles



- MarV™ handle can be used with 3 grip positions: channel grip, vertical grip and stirrup grip
- use with exercise tubing or as an overdoor pulley

MarV™ handles

10-5347	1 pair
10-5347-10	10 pair
10-5347-50	50 pair

handles with D-ring

- foam-padded exercise handle can be used by threading the band or tubing through the D-ring and knotting



D-ring handles

10-3220	1 pair
10-3220-10	10 pair
10-3220-50	50 pair

sports handle

- 12" foam-covered rigid handle
- 3 attachment positions
- use with band/ tubing anchored to object or foot



attach at:

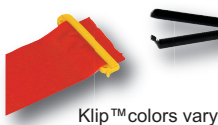


sports handle

10-5336	1 each
10-5336-10	10 each
10-5336-50	50 each

band / tubing Klip™ fastener

- secure exercise band/tubing into continuous loop



Klip™ colors vary

band Klip™ 6¼" for green-gold

10-5360	1 ea.
10-5360-10	10 ea.

band Klip™ 4½" for tan-red

10-5370	1 ea.
10-5370-10	10 ea.

tubing Klip™ 2" for green-gold

10-5375	1 par
10-5375-10	10 pair

tubing Klip™ 1" for tan-red

10-5365	1 pair
10-5365-10	10 pair



foam thread-through handles

- thread band or tubing through padded rigid handle
- use Klip™ with band/tubing, tie into a loop or use with anchor
- handles uniformly distribute the pressure across each hand



shown with tubing Klip™ sold separately

foam handles

10-5300	1 pair
10-5300-10	10 pair
10-5300-50	50 pair