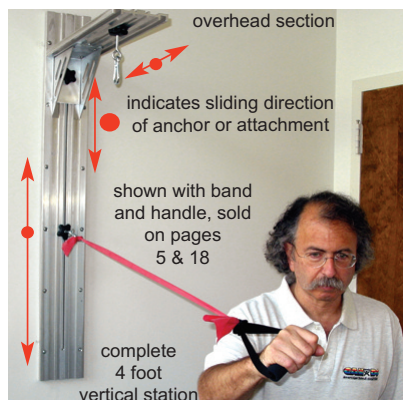


## CanDo® WalSlide® 1.0 exercise station

- easy assembly, simple to use
- adjustable track anchor allows for unlimited height positions
- heavy duty aluminum frame
- small wall footprint
- all CanDo® WalSlide® units ship UPS/FedEx



**buy the whole set ... or create your own!**

### complete exercise station

- contains top overhead section, wall piece and sliding anchors for both top and wall pieces
- sliding attachment mechanisms allow overhead section and band anchor to vary in height

10-5099 complete, 6 feet  
10-5098 complete, 5 feet

10-5097 complete, 4 feet  
10-5096 complete, 3 feet

### overhead pulley system

- pulley system with ropes and handles attaches to overhead WalSlide® (not shown)

10-5088 pulley attachment  
10-5089 additional sliding anchor

### accessories

**vertical section with sliding band/tubing anchor**

10-5094 6 feet  
10-5093 5 feet  
10-5092 4 feet  
10-5091 3 feet

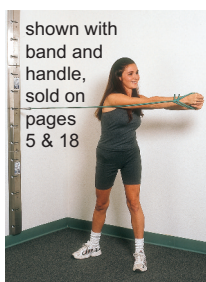
**horizontal overhead section**

- overhead section with sliding band/tubing anchor is height adjustable

10-5095 overhead section

## Web-Slide™ wall rail

- 28" rail has 5 anchor points for use with exercise band or tubing
- anchors points provide base for resistance band and tubing applications
- **basic set:** 3 rails, 16 position storage rack and 12 web anchor straps
- **deluxe set:** basic set PLUS shoulder pulley, rope stretch, 5 bilateral and 5 unilateral tubes, fitness bar, extremity straps, 4 wall posters and 6 prescription pads



### galvanized steel

10-5090 1 rail  
10-5109 3 rails

### stainless steel

10-5090S 1 rail  
10-5109S 3 rails

### 3-rail sets

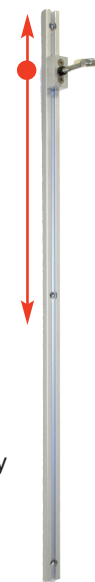
10-5109B basic set  
10-5109D deluxe set

### 3-rail sets

10-5109BS basic set  
10-5109DS deluxe set

## band and tubing exercise stations

## CanDo® WalSlide® Slim® 2.0™ exercise station



exercise

- lightweight 36" channel attaches to wall studs
- anchor (included) moves along center channel to any height and locks in place by tightening with screwdriver
- works with any exercise band or tubing (not included)
- can ship UPS or FedEx

10-5070 WalSlide® Slim® 2.0™  
10-5071 WalSlide® Slim® 2.0™ sliding anchor

## Thera-Band® exercise station

- pro exercise station consists of the base (A)
- wall station consists of the wall piece (B)
- rehab station consists of (A) and (B)



### exercise station

A pro exercise station 10-1570  
B wall station 10-1571  
rehab station A and B 10-1572  
rehab and wellness station 10-1573

### accessory tubing with connectors

| color  | 12" tubing | 18" tubing | 24" tubing |
|--------|------------|------------|------------|
| yellow | 10-1577    | 10-1578    | 10-1579    |
| red    | 10-1580    | 10-1581    | 10-1582    |
| green  | 10-1583    | 10-1584    | 10-1585    |
| blue   | 10-1586    | 10-1587    | 10-1588    |

10-1590 assist strap with D-ring  
10-1591 handles (2) with D-ring  
10-1592 padded 3' bar with D-ring