



*...going one step further*



**M30**

**M31**

**M32**

# M30 Pes normalis

## M31 Pes planus

## M32 Pes cavus

### Musculi et ligamenta

#### M30, M31, M32

- 1 Tendo calcaneus
- 2 M. flexor digitorum longus
- 3 Tendo m. tibialis posterioris
- 4 M. flexor hallucis longus
- 5 Tendo m. tibialis anterioris
- 6 Tendo m. extensoris hallucis longi

#### M30

- 7 Retinaculum musculorum flexorum

#### M30, M31, M32

- 8 M. abductor hallucis
- 9 M. flexor digitorum brevis
- 10 Tendo m. flexoris hallucis longi
- 11 Ligg. tarsometatarsalia dorsalia

### Ossa

- 12 Tibia
- 13 Malleolus medialis
- 14 Facies malleolaris medialis
- 15 Talus
- 16 Os naviculare
- 17 Os cuneiforme mediale
- 18 Os cuneiforme intermedium
- 19 Calcaneus
- 20 Os metatarsale I
- 21 Os sesamoideum
- 22 Phalanx proximalis I
- 23 Phalanx distalis I



# M30 Normal foot

## M31 Flat foot

## M32 Clawfoot

English

### Muscles and ligaments

#### M30, M31, M32

- 1 Calcaneal tendon
- 2 Flexor digitorum longus
- 3 Tendon of tibialis posterior
- 4 Flexor hallucis longus
- 5 Tendon of tibialis anterior
- 6 Tendon of extensor hallucis longus

#### M30

- 7 Flexor retinaculum

#### M30, M31, M32

- 8 Abductor hallucis
- 9 Flexor digitorum brevis
- 10 Tendon of flexor hallucis longus
- 11 Dorsal tarsometatarsal ligaments

### Bones

- 12 Tibia
- 13 Medial malleolus
- 14 Medial malleolar facet
- 15 Talus
- 16 Navicular
- 17 Medial cuneiform
- 18 Intermediate cuneiform
- 19 Calcaneus
- 20 Metatarsal I
- 21 Sesamoid bone
- 22 Proximal phalanx I
- 23 Distal phalanx I

