



Pronation / Supination Wrist Wheel Exerciser

The CanDo® Pronation / Supination Wrist Exerciser wheel can be used to rehabilitate muscles in the wrist, forearm, and shoulder.

- Allows the practice of repetitive functional movement to rehabilitate wrists, forearms, and shoulders
- Takes little physical strength to use; perfect for patients just beginning rehabilitation
- Simply roll the wheel for pronation and supination exercises
- Non-slip, rubberized exterior of the wheel provides stable motion during exercise
- Hand bar is large enough to accommodate any hand size
- Off center hand bar gives two travel distances for shorter rolling motions or longer rolling motions
- Therapist can aid patient using wheel by gently pushing wheel to help the patient roll it through pronation and supination exercises

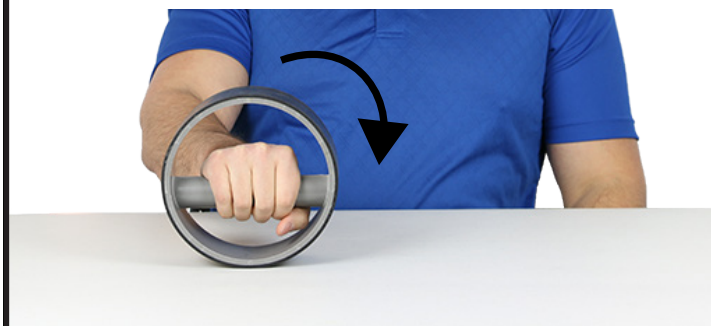
10-2960 pronation / supination wrist wheel exerciser

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Pronation

Slowly roll the wheel toward your opposite shoulder and hold the end position briefly.



Supination

Slowly roll the wheel away from your opposite shoulder and hold the end position briefly.

