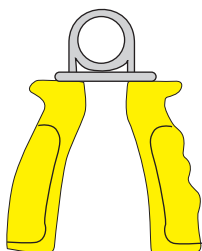


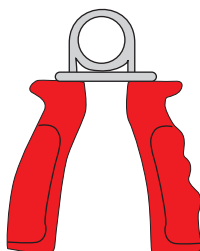


fixed tension hand grips

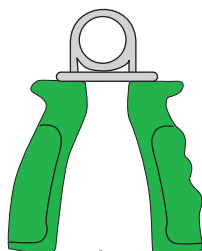
Sold in Pairs



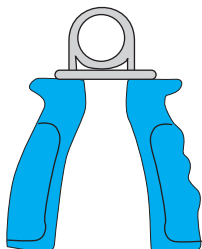
x-easy
10-1804
3 lbs resistance



easy
10-1805
6 lbs resistance

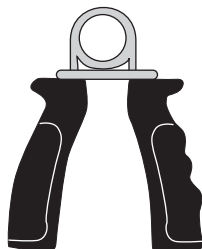


moderate
10-1806
12 lbs resistance



difficult
10-1807
24 lbs resistance

- Strengthen wrists, hands, fingers and forearms.
- Hold hand grips and squeeze until handles touch, then release.
- Handle contoured for comfortable grip.



x-difficult
10-1808
48 lbs resistance

