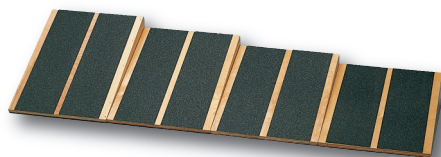


progressive incline boards



- 4 units, each 16 1/4" x 15" with non-slip treads
- gradual increase from board to board – 15°, 20°, 25°, 30°

10-1183 set of 4 boards

CanDo® Si™ Stretch Strap



- enables controlled, gradual stretching
- unique dual pocket system promotes balanced stretching
- includes pouch with carabiner and exercise booklet
- for beginners and professionals
- economic alternative to Stretch-Rite™ strap

10-1377 Si™ strap (ea)
10-1377-25 Si™ strap (25 ea)

adjustable incline boards



- 14" x 18" with non-slip tread
- 5°, 10°, 15°, 20°, 25° elevation adjustment
- non-slip bottom
- 400 lb capacity

10-1182 adjustable board

Thera-Band® stretch strap



- dual purpose strap supports both static and dynamic stretching
- multiple loops with numbered marks provide gradual stretching of major muscle groups and extremities

10-1384 stretch strap (ea)
10-1384-25 stretch strap (25 ea)

Stretch-Rite™ strap

- features six progressive handgrips to provide controlled stretch for improved flexibility and ROM
- increase stretch by moving to next handgrip position
- lightweight and portable
- colors may vary



10-1380 Stretch-Rite strap (ea)
10-1380-25 Stretch-Rite strap (25 ea)

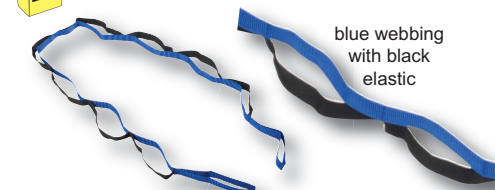
FabStretch™ 4-level incline board



- 4 incline levels: 5°, 15°, 25° and 35°

10-1179 incline board

FabStretch™ dynamic stretch strap



blue webbing with black elastic

- dynamic stretch strap has elastic pockets to allow the user to ease into a stretch
- permits dynamic stretching
- designed for "facilitated stretching", an active form of stretching that uses isometric contractions to achieve greater flexibility gains than from static stretching
- economic alternative to Stretch-Rite™ strap



10-1385 dynamic strap (ea)
10-1385-25 dynamic strap (25 ea)