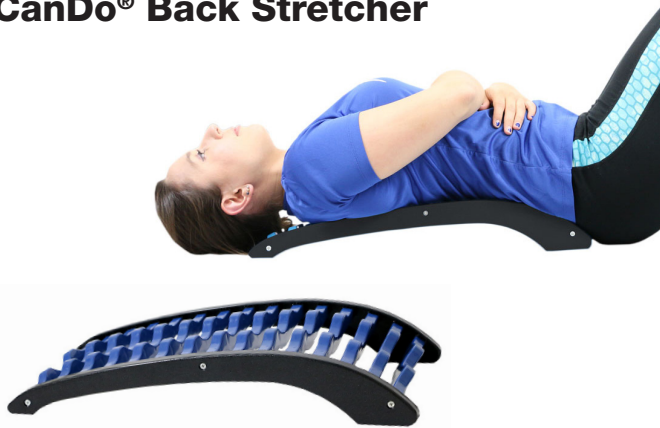


CANDo® Stretching Tools

CanDo® Back Stretcher



- Correct posture and stretch back muscles to relieve aches and pains
- Mimics the natural curve of the spine
- Sturdy, lightweight, portable design

10-7900 CanDo® Back Stretcher

CanDo® FabStretch™ Dynamic Stretch Strap



- Elastic pockets allow the user to ease into a stretch
- Permits dynamic stretching
- Designed for “facilitated stretching”, an active form of stretching that uses isometric contractions to achieve greater flexibility gains than from static stretching

10-1385 dynamic strap (ea)
10-1385-25 dynamic strap (25 ea)

CanDo® Leg Stretcher

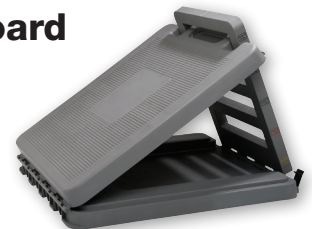


- Use to help stretch and maintain flexibility in the legs, feet and ankles
- Improve flexibility, range-of-motion and performance with continued use
- Gives support for controlled stretching
- Reduce the risk of injury when used before and after exercise

10-1178 leg stretcher

CanDo® FabStretch™ 4-Level Incline Board

- 4 incline levels: 5°, 15°, 25° and 35°
- Stretch calves and upper and lower back at the same time
- Made of composite plastic with 500 lb capacity
- Folds flat (3”) to store easily
- Last slot on the board makes an excellent hand-hold for stretching
- Non-slip top is 14” x 14”



10-1179 incline board