

- easy-to-grip, easy-to-store, color-coded CanDo® exercise WaTE™ bars come in weights ranging from 1 to 25 lb
- use in supine, sitting or standing position to increase strength and ROM, improve endurance, balance and motor skills

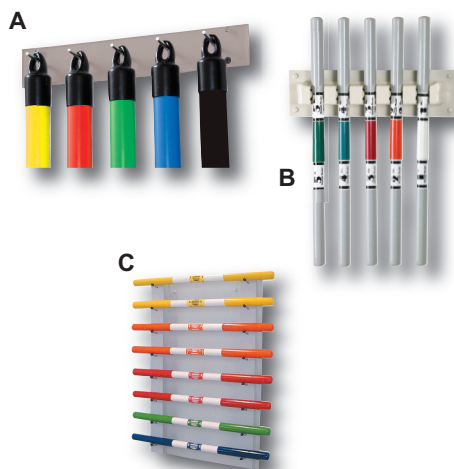
jumbo® WaTE™ bar



- sleek, foam-covered bar with color-coded end caps

color	lb	kg	length	
tan	2½	1.14	48"	10-1636
yellow	5	2.27	48"	10-1637
red	7½	3.41	48"	10-1638
light green	10	4.55	48"	10-1639
dark green	12½	5.68	48"	10-1614
light blue	15	6.82	48"	10-1615
dark blue	17½	7.95	48"	10-1616
black	20	9.09	48"	10-1617
silver	22½	10.23	55"	10-1618
gold	25	11.36	55"	10-1619

WaTE™ bar racks



- A** 10-1640 5 hook vertical wall rack (for CanDo® slim® & mini™ only)
10-1641 10 hook vertical wall rack (for CanDo® slim® & mini™ only) (not shown)
- B** 10-1643 5 bar vertical wall rack (for CanDo® slim® & mini™ only)
10-1645 3 bar vertical wall rack (for CanDo® slim® & mini™ only) (not shown)
- C** 10-1642 8 bar horizontal wall rack

slim® & mini™ WaTE™ bar

slim® WaTE™ bar



- each bar is 3' long
- 1½" diameter

color	lb	kg	
tan	1	0.45	10-1600
tan stripe	1½	0.68	10-1601
yellow	2	0.91	10-1602
yellow stripe	2½	1.14	10-1603
red	3	1.36	10-1604
red stripe	3½	1.59	10-1605
green	4	1.82	10-1606
green stripe	4½	2.05	10-1607
blue	5	2.27	10-1608
blue stripe	6	2.73	10-1609
black	7	3.18	10-1610
black stripe	7½	3.41	10-1623
silver	8	3.64	10-1611
silver stripe	9	4.09	10-1612
gold	10	4.55	10-1613

slim® WaTE™ bar - sets

Introductory set (3 pieces)

- 1 each 1, 2, 3 lb
10-1624 introductory set

LiTE® set (5 pieces)

- 1 each 1, 2, 3, 4, 5 lb
10-1620 LiTE® set

Standard set (10 pcs)

- 1 ea. 1, 2, 3, 4, 5, 6, 7, 8, 9, 10 lb
10-1621 standard set

Deluxe set (16 pcs)

- 1 ea. 1, 2, 3, 4, 5, 6, 7, 8, 9, 10, 12½, 15, 17½, 20, 22½, 25 lb (units over 10 lbs are jumbo)
10-1622 deluxe set

mini™ WaTE™ bar - pairs



- 14" long
- 1" diameter
- easier to use than traditional weight bars

pair

yellow	10-1650	2 1 lb bars
red	10-1651	2 1½ lb bars
green	10-1652	2 2 lb bars
blue	10-1653	2 2½ lb bars
black	10-1654	2 3 lb bars

anti-roll end cap

prevent Slim® and Mini™ WaTE™ bars from rolling and becoming a safety hazard



hangar end cap

(bars up to 10 lb) hang on hook rack for the most space efficient storage



exercise bar & tubing combo



- foam-covered exercise bar with tubing attached to both ends of bar
- wind up tubing to increase resistance
- yellow tubing included

10-2979 combo exercise bar