

## strength exercise systems

### smooth magnetic resistance for quiet operation

- improve circulation, muscle strength, joint range-of-motion and coordination
- 5-function digital fitness computer displays: speed, time exercised, calories burned, distance "traveled" and scan
- easy to assemble
- bi-directional operation with variable resistance (turn knob to change resistance)

MAGNECISER®



digital display

#### 3 in 1 exerciser – rotation/supination



- includes 3 attachments:
  - wrist
  - shoulder
  - elbow
- height adjusts on track
- includes wall mounting hardware

10-0715 3 in 1 upper body exerciser

#### vertical shoulder wheel exerciser

- heavy duty steel frame for secure wall mounting
- arm length adjusts 13-22" (33-56 cm)
- height adjusts on track
- includes wall mounting hardware



01-8025 shoulder exerciser

#### upper and lower extremity

- adjustable height wall-mounted pedal exerciser for upper and lower body pedaling
- allows for sitting, standing or wheelchair access
- includes mounting hardware



wheelchair accessible

10-0716 upper / lower body exerciser

#### tabletop upper extremity

- use on flat surface for horizontal exercises
- for muscles and joints of shoulder, arm, wrist and upper body
- arm length adjusts from 13-22" (33-56 cm)
- overall size: 26"L x 14<sup>3</sup>/<sub>4</sub>"W
- optional non-skid table-top pad available



10-0714 tabletop exerciser  
10-0714PAD non-slip table pad, 16" x 36", blue