

CanDo® vinyl-coated cast-iron dumbbells

- vinyl-coated, color-coded cast iron dumbbells are ideal for upper body exercise
- coating gives weight comfortable feel and will not scratch floor
- vinyl-coated dumbbells are easy to clean
- vibrant color weights are clearly marked in lb and kgs

	lb ea	kg ea	each	pair	weight sets
pink	1	0.45	10-0550-1	10-0550-2	economy set (10 pieces) 2 ea: 1 through 5 lb 10-0563 economy 10-0564 with wall rack 10-0578 with floor rack
purple	2	0.91	10-0551-1	10-0551-2	
green	3	1.36	10-0552-1	10-0552-2	
lt. blue	4	1.81	10-0553-1	10-0553-2	
blue	5	2.27	10-0554-1	10-0554-2	standard set (20 pieces) 2 ea: 1 through 10 lb 10-0565 standard 10-0566 with 2 wall rack 10-0579 with floor rack
red	6	2.72	10-0555-1	10-0555-2	
purple	7	3.18	10-0556-1	10-0556-2	
black	8	3.13	10-0557-1	10-0557-2	
yellow	9	4.08	10-0558-1	10-0558-2	
orange	10	4.54	10-0559-1	10-0559-2	
silver	15	6.80	10-0560-1	10-0560-2	
brown	20	9.07	10-0561-1	10-0561-2	



CanDo® dumbbell weight racks



wall rack

wall rack (holds 10 each)

- includes mounting hardware
- 3"W x 3"D x 48"H

10-0575 wall rack

floor rack (holds 10 pairs)

- 20"L x 20"W x 28"H

10-0577 floor rack



floor rack

- mobile studio rack has locking casters
- holds 10 columns of dumbbells
- 1100 lb capacity
- 39"L x 19"D x 33"H

10-0581 studio rack



studio rack

CanDo® vinyl-coated kettlebells

- for rehabilitation, strength training and muscle toning
- color-coded for easy weight identification
- coating reduces potential floor scratching



	weight (lb / kg)	diameter (inch / cm)	each
yellow	5 / 2.3	8 / 20.3	10-3191
red	7.5 / 3.4	8 / 20.3	10-3192
green	10 / 4.5	9 / 22.9	10-3193
blue	15 / 6.8	9 / 22.9	10-3194
black	20 / 9.1	10 / 25.4	10-3195
silver	25 / 11.4	11 / 27.9	10-3196
gold	30 / 13.6	11 / 27.9	10-3197
yel red grn blu blk	set of 5 (5, 7.5, 10, 15, 20 lb)		10-3199

CanDo® kettlebell rack

- keeps kettlebells off the floor
- 2-tier sturdy construction supports 660 lb
- 47"L x 26"D x 32"H

10-3198 kettlebell rack

