



Flow State Innovation

Instructions for Use Leg Lift Positioning Device

Indications:

The Leg Lift is indicated when a patient's lower extremity must be supported securely in a specific position for imaging, examination, debridement, procedure, or dressing. The Leg Lift should be used for patients who are lucid and who will refrain from involuntary movement.

Contraindications:

Do not deploy the Leg Lift when the patient may be impulsive and kick their leg in a violent or unpredictable way.

Do not use the Leg Lift for patients whose leg weighs more than 200 lbs.

Precautions:

Before use, ensure that all parts of the Leg Lift are in good working order.

Consider placing a towel or other pad in the cradle before positioning your patient's leg in the cradle.

Ensure the height adjustment is chosen and securely locked into position before placement of leg.

Ensure that the bed, gurney, table or wheelchair that patient is reclining upon is locked in place and will not roll, scoot, or move while Leg Lift is in use.

Cleaning:

Remove any foreign material from surface of Leg Lift immediately.

Hospital grade surface cleaning wipes or spray are ideal for sanitizing the Leg Lift.

Sanitize patient contacting surfaces after each use and sanitize the entire Leg Lift periodically and especially after use with patients with known infectious diseases.

Maintenance:

Perform a visual inspection weekly to ensure that all parts are in good working order.

If screws become loose, retighten with a SAE hex driver of the appropriate size.

Discontinue Use:

If screws or braces are loose or missing.

If parts that are typically straight have become bent.

If any part of the Leg Lift is broken or missing.

Procedure:

Ensure that the bed, table, or gurney that supports the patient is locked in position and cannot roll away.

Place the Leg Lift adjacent to the patient's leg that needs to be supported.

Use one hand to disengage height locking pin and to support the height adjustment arm and the other hand to lift the height adjustment arm and lift the cradle to the desired height.

Return the height adjustable arm to horizontal position and ensure that the arm is engaged with height adjustment notches.

Ensure that the safety locking pin is engaged by lifting the cradle arm.

Place towel, soft cloth or other pad in leg supporting cradle.

Lift the patient's leg into the Leg Lift and rest their leg in the leg supporting cradle so that the cradle supports their low leg midway between the knee and ankle.

Turn adjustment knob under cradle to unlock cradle adjustment; tilt or turn the cradle to provide for patient comfort, and turn knob back into locked position. Do not over tighten.

Perform imaging, procedure, or exam and when work is complete, lift the patient's leg up and out of the Leg Lift and return it to its natural position.

Clean the Leg Lift and ensure it is ready for its next deployment.