

# Quick Start Guide

## Nasco Healthcare Blood Pressure Trainer 2.0 LF01600 / LF01600EX & LF01600M / LF01600MEX

### What's Included:

- A** Blood Pressure Trainer Arm 2.0
- B** SmartScope 2.0 Stethoscope
- C** Blood Pressure Sphygmomanometer (includes SmartCuff)
- D** iPad (LF1600 & LF1600M Only)
- E** Carry Case



### Also Included:

- Dual-Head Stethoscope Attachment (not pictured)
- USB-C Charging Cable (not pictured)
- Digital Instruction Manual

### Setting Up:

1. Ensure all devices are fully charged using provided USB-C Charging Cable before use.
2. Download the Be READY™ App onto the iPad using the QR-Code provided:  
*App is tested on and compatible with 10.2" 9th Gen iPad and 10.9" 10th Gen iPad. Compatibility is not guaranteed with other versions.*



3. Press and hold Power Buttons on Arm, Cuff, and Scope

4. Apply Blood Pressure Cuff to Arm

5. Open the Be Ready™ App and connect each device by selecting it and pressing Connect (\*In-app indicator for each device will turn green).

6. Press the Blood Pressure Simulation Icon

7. To begin using the device, press the Start Session button

8. All of the following can be customized from within the App:

- Pulse Rate
- Systolic & Diastolic Pressures
- Auscultatory Gap Parameters
- Volume



SCENARIOS		DEVICES			
SCENARIO	INFO	DEVICE	INFO	DEVICE ID	STATUS
JOHN DOE	000001	RDY-BPCuff-2A2C			●
Auscultation Simulation		RDY-Scope-2494			●
Blood Pressure Simulation		RDY-BPArm-2A0C			●
					CONNECT/DISCONNECT
					TURN OFF

Please refer to this QR-Code for the Instruction Manual:

