

# Health o meter<sup>®</sup>

P r o f e s s i o n a l

## 160KL / 160KG / 160LB Mechanical Floor Scale



160KL



160KG



160LB

ISO13485:2016  
CERTIFIED

ISO 9001:2015  
CERTIFIED

## User Instructions



PELSTAR, LLC 9500 West 55th St. McCook, IL 60525-7110 USA

[www.homscales.com](http://www.homscales.com)

Health o meter<sup>®</sup> Professional 160KL  
Health o meter<sup>®</sup> Professional 160KG  
Health o meter<sup>®</sup> Professional 160LB

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weigh**easier**<sup>®</sup>

Thank you for your purchase of this Health o meter® Professional product. Please read this manual carefully, and keep it for easy reference or training.

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**Note:** This scale has been factory calibrated and cannot be calibrated by the user.

Please register your scale for warranty coverage at:

[www.homscales.com](http://www.homscales.com)

For User Instructions updates and revisions please go to:

[www.homscales.com](http://www.homscales.com)

# CAUTIONS AND WARNINGS / SPECIFICATIONS

**To prevent injury and damage to your scale, please follow these instructions very carefully.**

- Do not transport the scale while the platform is loaded. Be sure the scale is placed on a flat, stable surface when it is moved for cleaning or transported from one room to another.
- For accurate weighing, the scale must be placed on a flat, stable surface.
- For accurate weighing, verify proper operation according to the procedure described in this manual before each use.
- Do not use in the presence of flammable materials.
- Patient should wear socks or other form of lightweight foot covering during weighing event.

**In no event whatsoever shall Pelstar, LLC be liable for damages or injuries arising from or connected with the assembly, use, or misuse of its products.**

## **GENERAL**

This Mechanical Floor Scale has a large raised 8" dial for extra foot room and a large, non-slip textured platform. The scale features a heavy-duty steel base and platform for improved strength and durability. Each precision scale is designed to provide accurate, reliable and repeatable weight measurements and provides features that make the weighing process simple, fast and convenient. This scale is set up to determine the weight of a stationary patient. The scale is also built for easy mobility and transportation.

## **SPECIFICATIONS**

<b>Capacity and Resolution</b>	160KG: 180kg x 1kg 160LB: 400lb x 1lb 160KL: 400lb x 1lb (180kg x 1kg)	
<b>Environmental</b>	Operating temperatures: 10°C to 40°C (50°F to 104°F) Storage temperatures: 0°C to 50°C (32°F to 125°F) Atmospheric Pressure: 500hPa to 1060hPa Maximum Humidity: 85% RH in use or in storage	
<b>Physical Dimensions</b>	Platform: Width: 11" (27.9 cm) Depth: 12 1/2" (31.8 cm) Height: 3" (7.6 cm) Weight: 9 lb (4 kg)	Product Footprint: Width: 11 3/4" (29.8 cm) Depth: 18 1/4" (46.4 cm) Height: 7 1/4" (18.4 cm)

## **CERTIFICATION DESCRIPTIONS**

<div style="border: 1px solid black; padding: 5px; margin-bottom: 5px;"> <b>ISO13485:2016</b>  <b>CERTIFIED</b> </div> <div style="border: 1px solid black; padding: 5px;"> <b>ISO 9001:2015</b>  <b>CERTIFIED</b> </div>	<p>Pelstar, LLC has been officially certified as the manufacturer of Health o meter® Professional medical devices. The Pelstar, LLC quality assurance system covers the development, production, sales and service of medical scales and measuring systems.</p>
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## **CUSTOMER SERVICE INFORMATION**

This Mechanical Floor scale is shipped assembled in one carton. Carefully inspect the carton for shipping damage before unpacking. If damage is found, contact Customer Service.

For further information or telephone support, please contact Customer Service at:

Telephone: 1 (800) 815-6615

Email: [HomProCS@homscales.com](mailto:HomProCS@homscales.com)

# OPERATING INSTRUCTIONS

To avoid damaging the scale when unpacking it, **do not use a box cutter, knife, scissors or any sharp object to open the protective inner packaging.** Remove mechanical floor scale from the carton and unwrap packing material carefully, to prevent scratching the unit. Remove the inserted cards around the scale. Set the carton aside for storage.

## PREPARING THE SCALE FOR USE

**This scale has been factory calibrated and cannot be calibrated by the user.**

1. Place the scale on a hard and flat surface for best accuracy. Accuracy may be affected by very soft, deep pile carpet or rugs.
2. Be sure all objects are removed from the scale's platform.
3. Step on and off the scale a few times before attempting to weigh yourself. This will align the internal mechanism.
4. Adjust the pointer to zero, if necessary, using the zero adjustment knob at the bottom of the scale.

**Note:** As you use the scale, over a period of time you may find that the pointer drifts slightly from zero. The best time to check the zero adjustment is prior to weighing. If the pointer is not on zero, turn the zero adjustment knob for correction.

5. Step on the scale with weight equally distributed on both feet. Stand still on the scale.
6. Once a weight has been determined and the weight measurement has been taken and recorded, ask the patient to step off the scale.

## WEIGHING HINTS

1. Make sure there is no object on the weighing platform, other than yourself.
2. Weigh yourself at approximately the same time each day. The foods you eat, the liquids you drink, and your level of activity will cause your weight to vary.
3. For more realistic results, weigh yourself without clothing.
4. Always make sure the scale indicator is at zero before stepping on the platform.



## TROUBLESHOOTING

Refer to the following instructions to check and correct any failure before contacting Customer Service.

SYMPTOM	POSSIBLE CAUSE	CORRECTIVE ACTION
Questionable weight or the scale does not zero.	1. External object interfering with the scale.	1. Remove interfering object from the scale.
	2. The indicator is not at zero before weighing.	2. Turn the zero adjustment knob to align the indicator to zero the scale.
	3. Scale is not placed on a level surface.	3. Place the scale on a level surface.
Weighing is performed but the weighing process takes too long to stabilize.	The patient is not standing still.	Ask the patient to stand still.

**For further assistance please contact technical support toll free at 1 (800) 638-3722.**

## MAINTENANCE

The following provide instructions for maintenance and cleaning for the scale. Maintenance operations other than those described in this manual should be performed by qualified service personnel.

### Maintenance

**Caution: Before first use, or after long periods of non-use, check the scale for proper operation and function. If the scale does not operate correctly, refer to qualified service personnel.**

1. Check overall appearance of the entire scale for any obvious damage, wear and tear.
2. Do not store near chemicals, heaters or radiators.
3. Do not drop, kick, or jump on the scale.
4. This scale is a sensitive weighing device. Do not store anything on top of the scale platform.
5. If your scale fails to work properly, do not attempt to dismantle it. This will void your warranty. See warranty information instructions on having your scale serviced.
6. All bearings and working parts are permanently lubricated. Do not use oil or lubricants.

### Cleaning and Disinfecting

Proper care and cleaning is essential to ensure a long life of accurate and effective weighing.

1. Health o meter® Professional recommends using one of the following solutions on a soft cloth or disposable wipe:

- mild soap and water solution
- 70% isopropyl alcohol
- solution with 1-5% hydrogen peroxide concentration

After cleaning/disinfecting, wipe with a cloth dampened with water and then with a clean dry cloth. To avoid residue build-up or damp surfaces, ensure all scale parts are completely dry after cleaning.

2. Never use rough or abrasive materials to clean the scale, as these will damage the scale's finish.
3. Do not submerge the scale in water or any other liquid.
4. Do not pour or spray fluids directly on the scale.

# WARRANTY

## **1-Year Limited Warranty**

### **What does the Warranty Cover?**

Health o meter® Professional scales are warranted from date of purchase against defects of materials or in workmanship for a period of one (1) year. If product fails to function properly, return the product, freight prepaid and properly packed to Pelstar, LLC (see "To Get Warranty Service", below, for instructions). If the manufacturer determines that a defect of material or in workmanship exists, the customer's sole remedy will be replacement of the scale at no charge. Replacement will be made with a new or remanufactured product or component. If the product is no longer available, replacement may be made with a similar product of equal or greater value. All replaced parts are covered only for the original warranty period.

### **Who is Covered?**

The original purchaser of the product must have proof of purchase to receive warranty service. Please save your invoice or receipt. Pelstar dealers or retail stores selling Pelstar products do not have the right to alter, or modify or any way change the terms and conditions of this warranty.

### **What is Excluded?**

**Your warranty does not cover normal wear of parts or damage resulting from any of the following:** negligent use or misuse of the product, use on improper voltage or current, use contrary to the operating instructions, abuse including tampering, damage in transit, or unauthorized repair or alternations. Further, the warranty does not cover natural disasters, such as fire, flood, hurricanes and tornadoes. This warranty gives you specific legal rights, and you may also have other rights that vary from country to country, state to state, province to province or jurisdiction to jurisdiction.

**To get Warranty Service make sure you keep your sales receipt or document showing proof of purchase.** Call (+1) 800-638-3722 or (+1) 708-377-0600 to receive a return authorization (RA) number, which must be included on the return label. Attach your proof of purchase to your defective product along with your name, address, daytime telephone number and description of the problem. Carefully package the product and send with shipping and insurance prepaid to:

Pelstar, LLC  
Attention R/A# \_\_\_\_\_  
Return Department  
9500 West 55<sup>th</sup> Street  
McCook, IL 60525



**PELSTAR, LLC**

**9500 West 55th St. McCook, IL 60525-7110 USA**

**1-800-638-3722 or 1-708-377-0600**

PLEASE REGISTER YOUR SCALE FOR WARRANTY COVERAGE AT:

[www.homscal.es.com](http://www.homscal.es.com)

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