

Dedicated to Delivery
Nasco
Life/form®



**Patient Education
Tracheostomy Care Set
LF01159U
Instruction Manual**



Life/form® Products by Nasco



About the Manikins

The **Life/form**® Patient Education Tracheostomy Care Set is ideal for teaching patients and caregivers the skills they will need to perform at home. The adult manikin includes oral and nasal passages, the pharynx, epiglottis, trachea, esophagus, tracheostomy site, and cricoid cartilage. The mouth and jaw are flexible to allow oral suctioning. The trachea branches into the left and right bronchial trees. Students can practice suctioning techniques, proper cuff inflation, dressing changes and other techniques. Cleansing and maintenance of the external tracheal site can be performed just as on an actual patient. The infant manikin can be used to teach patients and caregivers basic tracheostomy care skills.

List of Components

- Adult Tracheostomy Care Manikin
- Infant Tracheostomy Care Manikin
- Adult Tracheostomy Tube
- Infant Tracheostomy Tube
- Carrying/Storage Case
- **Life/form**® Lubricant

General Information About the Manikins

The manikins may be used in all methods of tracheostomy care. Individual methods and procedures may differ. Therefore, this booklet does not propose to outline a particular procedure to be followed. Rather, it is recommended that a procedural manual and instructor's directions be followed. This will eliminate confusion and best serve the individual instructor and curriculum.

Procedures That May Be Performed on the Adult Manikin

- Oral-pharyngeal suctioning
- Nasal tracheal suctioning
- Tracheal suctioning via tracheostomy

Procedures That Can Be Performed on the Adult and Infant Manikin

- Dressing changes
- Stoma cleansing
- Changing of tracheostomy tube
- Cuff inflation
- Changing tracheostomy ties

Anatomy Present on the Adult Manikin

- Oral Passages
- Nasal Passages
- Pharynx
- Epiglottis
- Trachea
- Esophagus
- Stoma
- Right and Left Bronchi

Care of the Manikin

Normal surface soil can be removed with a mild soap and lukewarm water. Use Nasco Cleaner (LF09919U) to remove stubborn stains. Simply apply the Nasco Cleaner to the soiled area and wipe with a clean, soft paper towel.

Cautions

1. Do not cleanse the stoma area with Betadine® or any other similar, colored disinfectant. NEVER place the trainer on any kind of printed paper or plastic. These materials, as well as ball-point pens, will transfer indelible stains. Do not use any cosmetics on the simulator.
2. With repeated use, the suctioning catheter will become soft and pliable, making it difficult to insert. You must either use a new catheter, or place the old one in a refrigerator or on ice for a few minutes to stiffen it.
3. Heavy lubrication must be used while practicing procedures. The manikin will not function properly unless heavy lubrication is used. Use **Life/form®** Lubricant only. Do not use a water soluble lubricant.
4. Exercise the same care with this manikin as would be used with an actual patient. Excessive pressure and abuse will damage and shorten the unit's life.

Supplies/Replacement Parts for the Patient Education Tracheostomy Care Set

LF09919U Nasco Cleaner

LF00985U Lubricant Kit

LF01170U Adult Tracheostomy Tube

LF01171U Infant Tracheostomy Tube

Other Available *Life/form*® Simulators

LF00698U	Adult Injectable Arm (White)	LF01184U	Venatech IM & Sub Q
LF00855U	Male Catheterization	LF01193U	Special Needs Baby
LF00856U	Female Catheterization	LF03000U	CPARLENE ® Series
LF00901U	Prostate Examination	LF03601U	Adult Airway Management Trainer with Stand
LF00906U	Ostomy Care	LF03602U	Adult Airway Management Manikin
LF00929U	Surgical Bandaging	LF03609U	Child Airway Management Trainer with Stand
LF00957U	Enema Administration	LF03616U	Child CRISIS ™ Manikin
LF00958U	Pediatric Injectable Arm	LF03617U	Deluxe Child CRISIS ™ Manikin with Arrhythmia Tutor
LF00961U	Intramuscular Injection	LF03620U	PALS Update Kit
LF00984U	Breast Examination	LF03623U	Infant Airway Management Trainer with Stand
LF00995U	Arterial Puncture Arm	LF03632U	Child Intraosseous Infusion/ Femoral Access Leg on a Stand
LF00999U	Pediatric Injectable Head	LF03633U	Child Airway Management Trainer Torso
LF01005U	First Aid Arm	LF03693U	Basic Buddy ® CPR Manikin
LF01008U	Intradermal Injection Arm	LF03699U	"Airway Larry" Airway Management Trainer
LF01012U	Heart Catheterization (TPN)	LF03709U	Infant CRISIS ™ Manikin
LF01019U	Ear Examination	LF03720U	Baby Buddy ™ Infant CPR Manikin
LF01027U	Peritoneal Dialysis	LF03750U	Fat Old Fred
LF01028U	Suture Practice Arm	LF03760U	Airway Management/Cricoid Pressure Trainer
LF01034U	Suture Practice Leg	LF03770U	Chest Tube
LF01036U	Spinal Injection	LF03953U	CRISIS ™ Manikin, Complete
LF01037U	Hemodialysis Practice Arm	LF03955U	Deluxe CRISIS ™ Manikin
LF01038U	Episiotomy Suturing Set	LF03956U	Deluxe "Plus" CRISIS ™ Manikin
LF01042U	Suture Kit	LF03965U	Adult CRISIS ™ Auscultation Manikin
LF01062U	Pelvic, Normal & Abnormal	LF03966U	Adult CRISIS ™ Auscultation Manikin with ECG Simulator
LF01063U	Stump Bandaging, Upper	LF04000U	GERI ™/ KERI ™ Manikin Series
LF01064U	Stump Bandaging, Lower	LF04200U	Adult Sternal Intraosseous Infusion
LF01069U	Cervical Effacement	LF06001U	CPR Prompt® Adult/Child Manikin
LF01070U	Birthing Station	LF06012U	CPR Prompt® Infant Manikin
LF01082U	Cricothyrotomy	LF06200U	CPR Prompt® Keychain Rescue Aid
LF01083U	Tracheostomy Care	LF06204U	CPR Prompt® Rescue and Practice Aid
LF01084U	Sigmoidoscopic Examination		
LF01087U	Central Venous Cannulation		
LF01095U	Blood Pressure Arm		
LF01108U	Infant Intraosseous Infusion		
LF01121U	Advanced IV Arm		
LF01131U	Venipuncture and Injection Arm		
LF01139U	Advanced IV Hand		
LF01142U	Auscultation Trainer		
LF01143U	Testicular Exam		
LF01152U	Male & Female Catheter		
LF01155U	Advanced CPR Dog		
LF01162U	Venatech IV Trainer		
LF01174U	NG Tube & Trach Skills		